



Coming Out of Retirement

Dear Parents/Guardians,

For those of you who don't know me well, I am not a risk-taker and really like routines. Last spring, I attended a few of my niece's Junior Olympic volleyball tournaments. I enjoyed watching her play and made a side comment to my sister about how I missed coaching volleyball. Over the summer, Maggie (my niece), Mary (my sister), and I would have conversations around volleyball as Maggie was getting ready to tryout as a ninth grader for the Gilford High School volleyball program. We not only shared funny stories from when Mary and I tried out for volleyball back in high school but talked about the outstanding program and high expectations Coach Forge has built at Gilford. In one of our conversations, Maggie asked if I might be interested in coaching her Junior Olympic team. I brushed off the conversation but later in the summer both Maggie and Mary asked again.

Part of the reason for brushing Maggie off is because it has been 11 years since I have coached a varsity high school volleyball program! Not only am I older and out of shape, but some of the rules have changed. I will have to learn some new strategies around rally scoring and how to incorporate a new position called a libero into my coaching. Also several years ago when moving, I tossed out all of my notebooks from coaching that had all of my practice plans, diagrams of rules, and notes from coaching conferences. I would be starting from scratch!

However, as I thought about it longer, it was a compliment for Maggie and Mary to even ask me. Soon Maggie will be off to college and if I took this opportunity I could spend more time with her and create some lasting memories. So I reached out to Randy Mattson from Lakes Region Juniors Volleyball to offer my willingness to coach for this upcoming season. Randy accepted my offer and so starting after Thanksgiving, I will be coaching on Sunday mornings and in the winters will be doing some traveling around the state to some tournaments.

I guess now I have to dust off the running shoes, go purchase a notebook, and start researching some volleyball drills. Now my last question, "After this upcoming experience with Maggie, will I still be her favorite aunt?"

Have a great weekend!

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Veterans Day

Danbury Elementary would like to invite our community's veterans to a special assembly in their honor. Our students have been studying and preparing for Veterans Day and would like to share with our respected veterans. Please share this invitation with veterans in your family and join us on Monday, November 9th at 1p.m. for a special presentation.

2nd & 3rd Grade News



This extraordinary group of students has been keeping busy this school year! In literacy, the class has been learning different phonics and grammar skills as well as information about different story elements that we come across. 2nd grade has been working on producing Super 7 Sentences to stretch their writing. 3rd grade has been working on pulling out information from a text to support their answers to prepare them for Smarter Balance later in the year. These students have also been gaining valuable computer knowledge but navigating on Google Drive and typing their own Haunted House story.

In Math, we have been working on place value, money, and time in 2nd grade. To help your child at home, give them a handful of coins and ask them how much money you have. To stretch that, ask them another way to make that same money amount but using different coins. 3rd grade has been working on measurements. In 2nd grade, they learned to measure to the nearest $\frac{1}{2}$ inch, and now they are measuring to the nearest $\frac{1}{4}$ inch. Some vocabulary words you can also practice with your child are area and perimeter. Area is the measurement inside of a shape and perimeter is the distance around the outside of a shape.



In Science, we just completed an experiment with our "mock rocks." First, we created our rocks by mixing flour, salt, food colored water, sand, gravel, and oyster shells. Then, each student created their own rock. Through the experiment, the class observed their rock when it was moist, then dry, measured the circumference, diameter, and depth, used a pick and hammer to break open their rock to observe the layers inside, and then put part of their rock in water and watch as the rock breaks down into different layers at the bottom of the container. We will continue to work with our earth materials science lab over the next couple of months.



A big thank you goes out to all the parents that helped with our successful Halloween party! I look forward to seeing all of the parents at student-led conferences on Monday and Tuesday. Remember...bring your child and we will create goals for the year :)

Newfound Nutrition

Lunch Menu
Week of
November 9-13, 2015



Monday

BHOP Pizza
Carrots
Garden Salad
Assorted Fruit

Tuesday

No School

Wednesday

No School

Thursday

Southern Style BBQ Pulled
Pork Sandwich
Spicy Rice
Garden Salad
Assorted Fruit

Friday

Hot Dogs
Baked Beans
Sweet Glazed Carrots
Garden Salad
Assorted Fruit

Breakfast \$1.25
(reduced \$0.30)
Lunch \$2.50
(reduced \$0.40)
Milk \$0.35

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PE News from Mrs. Frost

Students have been having fun and focusing on soccer and kicking skills, running and pacing, and fitness activities. Our Soccer/Kicking Skills unit includes the break down of skills, individual, partner and group practice, and lead-up games. Formal kicking assessments are taking place using a five element rubric.

The **Shape America Standards** for "kicking" are as follows:

Kindergarten (S4.E21.K) Kicks a ball from a stationary position, demonstrating 2 of 5 elements of a mature kicking pattern.

First Grade (S4.E21.1) Approaches a stationary ball and kicks it forward, demonstrating 2 of 5 elements of a mature pattern.

Second Grade (S4.E21.2) Uses a continuous running approach and kicks a moving ball, demonstrating 3 of 5 critical elements of a mature pattern.

Third Grade (S4.E21.3) Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of 5 critical elements of a mature pattern.

Fourth Grade (S4.E21.4) Kicks along the ground and in the air, and punts using a mature pattern.

Fifth Grade (S4.E21.5) Demonstrate mature patterns in kicking and punting in small-sided practice task environment.

All PE students worked very hard practicing for the Fun Run and learning about pacing. Their practice paid off, as the results of the Fun Run were truly remarkable. The Fun Run was a huge success. Many, many thanks go to the students, parents, volunteers, and staff who helped make the Fun Run a terrific event. Even the chickens and the frogs had a "fun" time. We raised \$1,113! This money goes into the Student Activity Fund which pays for opportunities such as class field trips.

As we move forward, please make sure your child is dressed appropriately for outside PE activities with sneakers, coats, hats and gloves. We have had some frosty mornings! As always, if it rains our PE classes are held inside. Thank you all for all that you do.

Fun Run
raised \$1,113!



DANBURY ELEMENTARY

November 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2	3	4	5	6	7
8	9 Veterans Day Celebration 1pm Student Led Conferences Field Trip Slips due No Project Promise	10 No School Student Led Conferences 	11 No School Veterans Day 	12	13	14
15	16 K-3 Field Trip Concord Performing Arts Center	17 PTO Meeting 4:30pm	18	19	20 5th Gr. Field Trip Lebanon Opera House	21
22	23	24	25 Early Release @ Noon	26 No School	27 No School	28
29	30					